



Spring 2008

# Life Adventure Center

OF THE BLUEGRASS

ENGAGE, EDUCATE, EMPOWER



## The Outdoor Classroom



On March 14th Southside Elementary School participated in LAC's first Nature Program. With transportation sponsored by the Woodford County Conservation District, 43 second graders and 15 chaperones braved the cold rain.

Teacher Kim Reeves says her students absolutely loved their trip. "They are constantly making connections to what they are currently studying and what they did on their trip. Their understanding of nature concepts seems to have increased dramatically with their hands-on, real-life experiences."

Fellow teacher Siobhan Keeley noted that, "The activities were very educational and connect directly to our core content. The whole staff was very accommodating and friendly. I will definitely recommend this trip to other teachers."

**To find out more about how your school can participate in LAC's Nature Program, please contact Danielle Hutchins at [info@lifeadventurecenter.org](mailto:info@lifeadventurecenter.org)**

## LAC Horses get Massages from Midway College Students

Kimberly I. Tumlin, Ph.D. and a group of Midway College equine therapy students began an exciting partnership with LAC this spring. The students are in their Junior year and are taking the first of three Clinical courses. The Clinical 1 course gives students hands-on experience in evaluating and assessing horse performance based on the needs of the client. The students work with the horses by integrating horse posture and movement with stretches and massage strokes. The manual therapy does not involve treating injuries, but is used as maintenance for the horses.

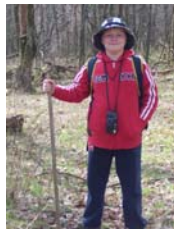
The Clinical 1 course also gives students an opportunity to communicate with clients and build relationships not only within the horse industry, but also with the horses they work on. The students, who also work on the Midway College horses, benefit from working on the miniature horses and horses with different conditions and roles found at LAC. Dr. Tumlin expressed that she "thinks it's fantastic that the students have the opportunity to work on the minis because it teaches them about their own body position and awareness of their techniques. Besides the educational benefits that students are getting, I am very happy to be able to give back to the horses at LAC. As integral partners in the equine program, it is very satisfying to help them perform at their best level. I'm really happy that we've been able to form this partnership."



## SPRING BREAK NATURE CAMP WRAP UP



Hiking, Biking, Geocaching, Woodworking, Photography, Survival Skills and more greeted our energetic spring break nature day campers. The campers braved cold and rainy weather, but had a great time.



The staff at LAC shared their survival expertise with the Kid v/s Wild campers, teaching them how to build shelters, find food and stay safe in the wilderness. Our Photography campers used professional photography equipment to take pictures of salamanders, then digitally enhanced them on the computer. Operation Exploration campers learned how to merge science with nature by using G.P.S. technology in a high-tech scavenger hunt. Our Biking campers learned about bike maintenance and cycling skills and participated in a safety rodeo before hitting the trails. After a wildlife and reptile program our Woodworking campers constructed bird houses from reclaimed fence panels.



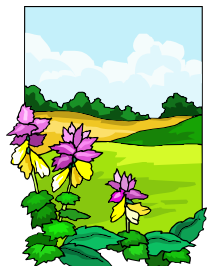
In addition to all the fun and excitement, campers really loved the...

S'mores Burritos!

## Announcing the 3rd ANNUAL FRYSC APPRECIATION LUNCHEON Wednesday June 18, 2008

**11:30 am—1:00 pm**  
Enjoy brunch in our garden  
with door prizes, a hay ride,  
and back by request,  
**MASSAGES!**

Invitation to follow!



## LAC Welcomes New Executive Director

Don Fulford was all smiles when he first visited the Life Adventure Center website and knew he had to get involved. His more than 14 years of non-profit experience, work with endowments, and creative problem-solving skills fit well with the background of LAC. However, it is his love for the outdoors, conservation, adventure and children that make him the perfect match for the many opportunities ahead. As the new Executive Director Don will wear many hats and will wear them all with a welcoming smile and big heart. From learning about the challenge course and the equine program to engaging the community, Don will keep a full schedule. Luckily, he thrives on teamwork so he will never be too busy to lend a helping hand. "Life Adventure Center is an incredible place with a rich history and a strong future. I am fortunate to work with so many caring people who truly want to help our community and state. Their love for children, compassion and adventurous spirits make LAC a place for which everyone can be proud."



Don spent his early years in Oklahoma before moving to Spring City, Pennsylvania, but after a visit to Kentucky he knew where he wanted to call home. He received his undergraduate degree from the University of Kentucky and a Masters in Education from Western Kentucky University. Don is a founding board member of Healing the Children of Louisville and the former president of Hospital Hospitality House. He has also worked closely with the Jefferson County Schools' program, Health Promotions Schools of Excellence, and is proud of his work helping the children and families in Managua, Nicaragua with their healthcare needs. Don is also an active member of Rotary and a Kentucky Colonel.

In his spare time, Don enjoys photography, travel, sports of all kinds, mountain biking, reading and art. His love of the environment has encouraged him to look for alternate energy resources in his own home and he carries that same environmental thoughtfulness into his professional career. Don is very excited about his new position at LAC, stating that "It is rare to find so many quality people, doing what they love, in a place that is so rewarding. I am proud to be a part of this program and look forward to adding a new dimension to the many traditions of this great organization."

## LAC Receives Citation from KY Senate and House of Representatives



On January 23, 2008 the staff and board of Life Adventure Center were invited to the Capitol to be recognized by both the Senate and House of Representatives. Senator Julian Carroll and House of Representatives member Carl Rollins invited LAC to the floor where they explained the history of the organization and the populations served. The speakers then described the current programming LAC offers and explained how beneficial it is to the youth in Kentucky. LAC is very proud of our rich history and we're honored to receive this recognition from our state representatives.

*LAC Staff and Board Member Ken Reed with Carl Rollins, Kentucky House of Representatives member*

### Volunteer Opportunities

Community is very important to LAC. We are implementing a new volunteer program for both adult and junior volunteers. An application will soon be available on our website at [www.lifeadventurecenter.org](http://www.lifeadventurecenter.org) or contact Tracey Wright, Program Director, by email [info@lifeadventurecenter.org](mailto:info@lifeadventurecenter.org) for more information.

### LAC WELCOMES NEW BABY TYLER !

Davis Brock Tyler

Born on

Tuesday April 8, 2008

7lbs. 15 oz.

Proud Parents: Matthew & Kelly Tyler



# Spring and Summer News

## Summer Nature Camps

- June 12**—Kid v/s Wild Survival Camp  
**June 19**—Eco-Art & Nature Crafts  
**June 26**—How Does My Garden Grow?  
**July 10**—Creekwalkers and Watershed Warriors  
**July 17**—Jr. Adventure Camp (ages 9-12)  
**July 24**—C.S.I (Critter Scene Investigators)  
Garden Invaders  
**July 31**—Sr. Adventure Camp (ages 13-15)

**Ages 9-15 9:00a.m. - 3:30p.m.**

**\$25 per person per day**



## Summer Equine Camp

- Week 1** - June 2-June 6  
**Week 2** - June 9-June 13  
**Week 3** - June 16-June 20 \*  
**Week 4** - June 23-June 27  
**Week 5** - June 30-July 2 \*  
**Week 6** - July 7-July 11  
**Week 7** - July 14-July 18  
**Week 8** - July 21-July 25



### **Camp Prices:**

Weeks 1,2,4,6,7,8 - \$250 (9a.m.-3p.m.) – **Ages 10-15**

### **\* Junior Camp Prices:**

Week 3 - \$200 (5-day 9a.m.-noon) – **Ages 7-9**

Week 5 - \$150 (3-day 9a.m.-noon) – **Ages 7-9**

**Contact: Hillary Benjamin,  
Equine Program Manager**

[hbenjamin@lifeadventurecenter.org](mailto:hbenjamin@lifeadventurecenter.org)

## Challenge Course

(Prices based per person.)

### **Elementary—High School**

1/2 day = \$12  
Full day = \$20

### **College—Adult**

1/2 day = \$15  
Full day = \$25

### **Corporate**

1/2 day = \$40  
Full day = \$80



## Mobile Unit

- 6 week sessions (8-15 participants)**  
**4th/5th grade (sixty minutes) = \$240**  
**6th-8th grade (ninety minutes) = \$360**  
**Equine Character Education Program = \$500**

**Contact: Kelly Tyler,  
Challenge Course Manager**  
[ktyler@lifeadventurecenter.org](mailto:ktyler@lifeadventurecenter.org)

## Fall Equine Programming

**Homeschool Program:** Age 10+ \$600

Tuesdays **15wk.** 9:00-1:15 Sept. 2-Dec. 15, 2008  
(No class October 13-17 Fall Break)

**Junior Program:** Ages 7-9 \$300(Tues.) \$280(Th.)

Tuesdays **15 wk.** 1:30-3:30 Sept. 2-Dec. 15, 2008

Thursdays **14wk.** 1:30-3:30 Sept. 4-Dec. 18, 2008

(No class October 13-17 or Nov. 27 Thanksgiving)

**Youth Riding Program:** \$280(Mon.) \$260(Sat.)

Mondays **14wk.** 4:30-6:30 Sept. 8-Dec. 15, 2008

Saturdays **13wk.** 1:00-3:00 Sept. 6-Dec. 20, 2008

(No class Oct. 13-18, Nov. 1 Staff Conference, Nov. 29)

**Adult Riding Program:** \$450(Wed.) \$390(Sat.)

Wednesdays **15wk.** 4:30-6:30 Sept. 3-Dec. 17, 2008

Saturdays **13wk.** 9:00-11:00 Sept. 6-Dec. 20, 2008

(No class Oct. 13-18, Nov. 1, Nov. 29 Thanksgiving)

**\*All fees are payable in 4 installments\***



**Life Adventure Center**  
OF THE BLUEGRASS  
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**570 Milner Rd.**  
**Versailles, KY 40383**

Non-Profit Org  
U.S. Postage  
**PAID**  
Versailles, KY  
Permit No. 310

*A Program of  
The Cleveland Home*

*www.lifeadventurecenter.org*



## Photo Gallery



*Spencer County High School's  
Softball Team support each other  
on the Low Ropes Course.*



*Mobile Unit travels to Paducah  
for CATS Prep Programming.*



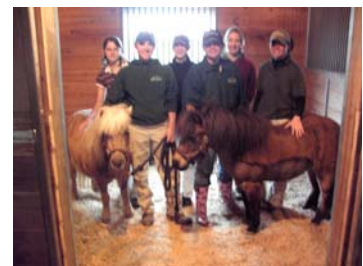
*A Homeschool student enjoying a  
ride in the warm spring weather.*



*Amigo's new hair style!*



*Campers brave April showers  
for a walk in the creek!*



*Midway College equine therapy  
students with Amigo and Magic.*